

ACFSO

Services:

PARENT SUPPORT/INDIVIDUAL

ACFSO provides face-to-face support, education and advocacy to help parents develop strategies to meet their challenges.

We assess the family's needs and draft a plan to strengthen the family unit. We will visit families at least twice per month or more to offer on-going support, until the family has been transitioned by the CMO.

PARENTING CLASS

Let's face it, children do not come with an instruction manual. Sometimes, it is okay and necessary to get help to explore ways to make life a little easier. We provide tested programs to assist parents to help meet their challenges.

Please refer to our website for more information.
www.acfamsupport.org

PARENT SUPPORT GROUPS

Our Parent Support Groups, which meet in both Atlantic and Cape May Counties, provide a forum for parents to support each other as well as to hear from experts in various fields to learn about community resources.

YOUTH PARTNERSHIP

Our YP group is composed of young men and women who support each other to find ways to cope with the demands of everyday life. Members are encouraged to support each other so no one feels alone. Members are encouraged to develop healthier self-esteem, social skills and work ethics. The YP performs volunteer services to improve the world around them by helping to help others in need.

Their goal is to be positive, contributing members of their families and the community.

See our calendar of events at:
www.acfamsupport.org

GRANDPARENT SUPPORT

Grandparents raising grandchildren can be a challenge. With the support of other grandparents, group members can develop strategies to cope and become caregivers that are more effective.



HOSPITAL COMPANIONS

When youth are in crisis and families are in immediate need, Cape Regional Medical Center and has a screening unit to assess the need for a child's hospitalization. This is a difficult time and ACFSO is there to help families cope. We offer support, education and advocacy to families helping them to understand what to expect and how to navigate this system of care. ACFSO Hospital Companion can also provide up to four hours per day respite care so the parent can leave the screening unit to get food or take care of personal matter. This service is available through the staff at Acenda.

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Atlantic Cape Family Support

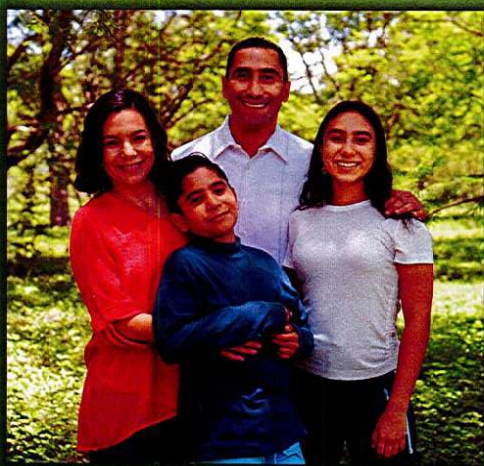
ACFSO PHILOSOPHY

ACFSO serves families in Atlantic and Cape May counties with children who have mental/behavioral health, substance use, intellectual and developmental challenges.

We are a partner of Cape Atlantic Integrated Network for Kids and work closely with your Care Manager.

Our services are individualized and peer driven, meaning our staff are all parents or caregivers who have had or have children with similar challenges as the families we serve. All services are free and available in Spanish.

We provide family-centered, strength based, culturally competent, individual, community based and accessible services.



ACFSO is a registered 501c[3] non-profit organization

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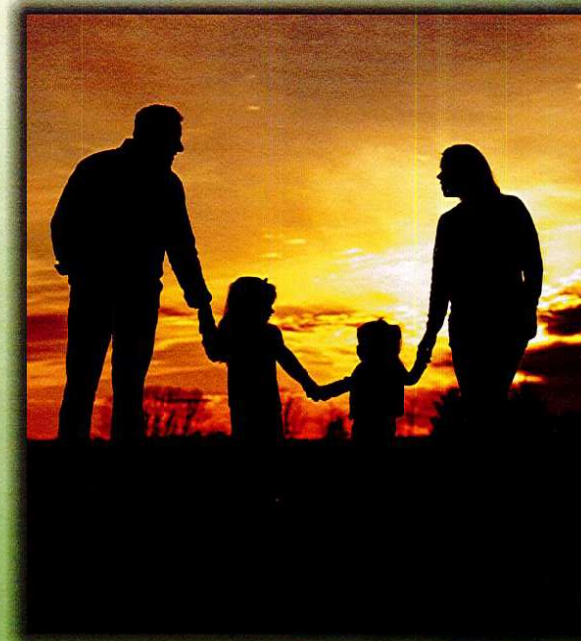
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*“Strengthening
Families for Life”*